

MAY 2021 ~ COUNCIL ON AGING ~ SENIOR NEIGHBORHOOD DINING SITE MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 3	MAY 4	MAY 5	MAY 6	MAY 7
<p><u>Sliced Cuban Pork w/ Sofrito</u> Yellow Rice & Black Beans Green Beans Whole Grain Bread Applesauce 2% Milk</p>	<p><u>Egg Salad</u> Beet & Onion Salad Three Bean Salad Italian Dressing Whole Grain Bun Pineapple 2% Milk</p>	<p><u>Lemon Pepper Chicken</u> Diced Potatoes Okra & Tomatoes Whole Grain Bread w/ Butter Cup 100 % Blended Juice 2% Milk</p>	<p><u>Sloppy Joe</u> Yellow Corn Broccoli Hamburger Bun Butter Cup Mixed Fruit 2% Milk</p>	<p><u>Sliced Ham w/ Pomegranate Sauce</u> Parslied Potatoes Roasted Brussels Corn Muffin w/ Butter Cup German Chocolate Cake 2% Milk</p> <p style="text-align: center; color: magenta;">Mother's Day Celebration</p>
MAY 10	MAY 11	MAY 12	MAY 13	MAY 14
<p><u>Chicken w/ Country Pepper Gravy</u> Turnip Greens Garlic Mashed Potatoes Whole Grain Bread w/ Butter Cup Applesauce 2% Milk</p>	<p><u>Beef Marsala</u> Carrots Brown Rice Whole Wheat Roll w/ Butter Cup Mandarin Oranges 2% Milk</p>	<p><u>Chicken Alfredo</u> Harvard Beets California Blend Vegetables Garlic Roll w/ Butter Cup 100% Orange-Pineapple Juice 2% Milk</p> <p style="text-align: center; color: green;">Birthday Celebration</p>	<p><u>Tuna Salad</u> Cucumber & Red Onion Salad Cold Broccoli Florets Whole Grain Bread Pineapple 2% Milk</p>	<p><u>Cheese Omelet with Mushrooms, Peppers, & Onions</u> Seasoned Spinach Whole Grain Bread w/ Butter Cup Fresh Fruit 2% Milk</p>
MAY 17	MAY 18	MAY 19	MAY 20	MAY 21
<p><u>Chili-Cheese Hot Dog</u> Three Bean Chili with Shredded Cheese Broccoli Potatoes O'Brien Whole Grain Hot Dog Bun Pineapple 2% Milk</p>	<p><u>Fish Sandwich (Breaded Pollack)</u> Cheese Grits Seasoned Spinach Whole Grain Bun Tartar Sauce Mandarin Oranges 2% Milk</p>	<p><u>Brunswick Stew</u> Butternut Squash Green Beans Whole Wheat Bread w/ Butter Cup 100% Orange Juice 2% Milk</p>	<p><u>Tossed Salad w/ Ranch Dressing</u> Greens w/ Fresh Vegetables, Diced Chicken, Shredded Cheese Carrot & Raisin Salad Whole Grain Bread w/ Butter Cup Applesauce 2% Milk</p>	<p><u>Chicken Breast w/ Pineapple Sauce</u> Brown Rice Sauteed Spinach Whole Wheat Dinner Roll Fresh Fruit 2% Milk</p>
MAY 24	MAY 25	MAY 26	MAY 27	MAY 28
<p><u>Chicken Tacos</u> Black Beans Confetti Corn Taco Sauce Flour Tortillas 100% Blended Juice 2% Milk</p>	<p><u>Pasta Primavera</u> Glazed Carrots Seasoned Spinach Whole Grain Roll w/ Butter Cup Mandarin Oranges 2% Milk</p>	<p><u>Smoked Sausage Meal</u> Cabbage Potatoes O'Brien Whole Grain Bun Applesauce 2% Milk (Sausage contains beef)</p>	<p><u>BBQ Chicken Thigh</u> Squash Medley Green Beans with Red Peppers Whole Grain Bread w/ Butter Cup 100% Orange Juice 2% Milk</p>	<p><u>Penne Pasta w/ Bolognese Meat Sauce</u> Carrots Green Beans Garlic Roll w/ Butter Cup Fresh Fruit 2% Milk</p>
MAY 31	MAY 31	MAY 31	MAY 31	MAY 30
<p>COA SITES & OFFICES ARE CLOSED IN OBSERVANCE OF MEMORIAL DAY.</p> 			 <p style="text-align: center;">VISIT OUR WEBSITE AT WWW.COAVOLUSIA.ORG</p>	<p style="font-size: 2em; font-weight: bold;">MAY 2021</p>  <p style="text-align: center; font-size: 0.8em;">MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p>

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