

COUNCIL ON AGING ~ SENIOR NEIGHBORHOOD DINING SITE MENU ~ MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2	May 3	May 4	May 5	May 6
<u>Chicken & Sausage Gumbo</u> Corn Brown Rice Whole Wheat Roll Fruit Cup 2% Milk	<u>Chicken Thigh w/ Florentine Sauce</u> Carrot Coins Seasoned Garlic Mashed Potatoes Whole Grain Bread Pineapple Juice 2% Milk	<u>Tuna Pasta Salad</u> Beet & Onion Salad Macaroni Salad Whole Grain Bread Orange Juice 2% Milk	<u>Chicken Tacos</u> Pinto Beans Yellow Rice w/ Vegetables Wheat Tortillas Fruit Cup 2% Milk	<u>Hot Dog w/ Chili Topping</u> Cauliflower w/ Red Pepper Green Beans Whole Grain Hot Dog Bun Seasonal Fresh Fruit 2% Milk
May 9	May 10	May 11	May 12	May 13
<u>Lemon Pepper Chicken Thigh</u> Succotash Country Vegetable Medley Whole Wheat Roll w/ Butter Cup Brownie Apple Juice 2% Milk MOTHER'S DAY CELEBRATION	<u>Seasoned Chicken Thigh</u> Brown Rice Glazed Carrots Whole Grain Bread w/ Butter Cup Fruit Cup 2% Milk	<u>Penne Bolognese</u> Country Vegetable Medley Cauliflower & Red Pepper Whole Grain Bread Apple Juice Birthday Cake 2% Milk BIRTHDAY CELEBRATION	<u>Chicken Cobb Pasta Salad</u> Pea & Cheese Salad Cucumber & Red Onion Salad Whole Wheat Roll Pineapple Juice 2% Milk	<u>Three Bean & Beef Chili</u> Brown Rice Stewed Tomatoes Whole Wheat Crackers Seasonal Fruit 2% Milk
May 16	May 17	May 18	May 19	May 20
<u>Diced Chicken w/ Mojo Sauce</u> Black Beans Brown Rice Whole Wheat Roll Orange/Pineapple Juice 2% Milk	<u>Egg Salad</u> Three Bean Salad Cucumber & Red Onion Salad Whole Grain Bread Fruit Cup 2% Milk	<u>Hamburger w/Whole Grain Bun</u> Baked Beans Country Vegetable Medley Ketchup & Mustard Pineapple Juice 2% Milk	<u>Chicken Alfredo</u> Italian Green Beans Green Peas Garlic Roll Butter Cup 2% Milk	<u>Stroganoff Casserole</u> Brussel Sprouts Corn w/ Red Pepper Whole Wheat roll Seasonal Fresh Fruit 2% Milk
May 23	May 24	May 25	May 26	May 27
<u>Chicken w/ Teriyaki Sauce</u> Stir Fry Vegetables Gingered Brown Rice Whole Wheat Roll Fruit Cup 2% Milk	<u>Meatballs w/ BBQ Sauce</u> Green Beans Cabbage Whole Grain Bread Apple Juice 2% Milk	<u>Chicken Paella</u> Butternut Squash Seasoned Spinach Whole Wheat Roll w/ Butter Cup 2% Milk	<u>Meatloaf w/ Brown Gravy</u> Mashed Potatoes Carrot Coins Whole Grain Bread Blended Juice 2% Milk	<u>Chicken Fajitas</u> Pinto Beans Brown Rice Orange Juice Seasonal Fresh Fruit 2% Milk
May 30	May 31			
All sites and offices are closed in observance of <div style="text-align: center;">  <p>Memorial Day</p> </div>	<u>Turkey Salad</u> Beet & Onion Salad Macaroni Salad Whole Grain Bread Fruit Cup 2% Milk	<div style="text-align: center;">  </div>	<div style="text-align: center;">  <p>COA A NON-PROFIT SERVING VOLUSIA SENIORS</p> <p>VISIT OUR WEBSITE AT WWW.COAVOLUSIA.ORG</p> </div>	<div style="text-align: center;">  <p>MAY 2022</p>  <p>GAfoods</p> <p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p> </div>