COUNCIL ON AGING ~ SENIOR NEIGHBORHOOD DINING SITE MENU ~ JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		June 1	June 2	June 3
JUNE 2022 Floods	HAPPY FATHER'S DAY	Beef Patty w/Onion Beef Gravy Seasoned Garlic Mashed Potatoes Country Vegetable Medley Whole Grain Bread Pineapple Juice 2% Milk	Chicken Thigh w/Gravy Seasoned Spinach Harvest Beets Whole Wheat Roll Orange Pineapple Juice Graham Crackers 2% Milk	Meatballs w/Teriyaki Sauce Stir Fry Vegetables Brown Rice Whole Wheat Roll Seasonal Fresh Fruit 2% Milk
June 6	June 7	June 8	June 9	June 10
Beef w/Marsala Sauce Brussel Sprouts Garlic Mashed Potatoes Butter Cup Fruit Cup 2% Milk	Chicken Salad Tossed Salad w/Tomato Baby Carrots Ranch Dressing Whole Grain Hamburger Bun Peanuts 2% Milk	Macaroni & Cheese Green Peas Cauliflower w/Red Pepper Whole Grain Bread Orange Juice Birthday Cake 2% Milk BIRTHDAY CELEBRATION	Beef w/Teriyaki Sauce Gingered Brown Rice Glazed Carrots Dinner Roll Butter Cup Fruit Cup 2% Milk	Chicken Thigh w/BBQ Sauce Yellow Rice w/Vegetables Broccoli Whole Wheat Roll Seasonal Fresh Fruit 2% Milk
June 13	June 14	June 15	June 16	June 17
Chicken & Sausage Gumbo Corn Brown Rice Whole Wheat Roll Fruit Cup 2% Milk	Chicken Thigh W/Florentine Sauce Carrot Coins Seasoned Garlic Mashed Potatoes Whole Grain Bread Pineapple Juice 2% Milk	Tuna Pasta Salad Beet & Onion Salad Macaroni Salad Whole Grain Bread Orange Juice 2% Milk	Chicken Tacos Pinto Beans Yellow Rice/Vegetables Fruit Cup 2% Milk	Hot Dog w/Chili Topping Cauliflower w/Red Pepper Green Beans Whole Grain Hot Dog Bun Seasonal Fresh Fruit 2% Milk
June 20	June 21	June 22	June 23	June 24
NY Strip Beef Patty w/Mushroom Gravy Green Beans Garlic Mashed Potatoes Garlic Roll w/Butter cup Banana Moon Pie 2% Milk	Seasoned Chicken Thigh Brown Rice Glazed Carrots Whole Grain Bread w/Butter cup Fruit Cup 2% Milk	Penne Bolognese Country Vegetable Medley Cauliflower & Red Pepper Whole Grain Bread Apple Juice 2% Milk	Chicken Cobb Pasta Salad Pea & Cheese Salad Cucumber & Red Onion Salad Whole Wheat Roll Pineapple Juice 2% Milk	Three Bean & Beef Chili Brown Rice Stewed Tomatoes Whole Wheat Crackers Seasonal Fresh Fruit 2% Milk
Fathers Day Celebration	Summer begins			
June 27 Diced Chicken w/Mojo Sauce Black Beans Brown Rice Whole Wheat Roll Orange/Pineapple Juice 2% Milk	June 28 Egg Salad Three Bean Salad Cucumber & Red Onion Salad Whole Grain Bread Fruit Cup 2% Milk	June 29 Hamburger w/Whole Grain Hamburger Bun Baked Beans Country Vegetable Medley Ketchup & Mustard Pineapple Juice 2% Milk	June 30 Chicken Alfredo Italian Green Beans Green Peas Garlic Roll w/Butter Cup Orange/Pineapple Juice 2% Milk	A NON-PROFIT SERVING VOLUSIA SENIORS VISIT OUR WEBSITE AT WWW.COAVOLUSIA.ORG