


COUNCIL ON AGING ~ HOME DELIVERED MEALS MENU (386) 253-4700 *248 ~ AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUGUST 1	AUGUST 2	AUGUST 3	AUGUST 4	AUGUST 5
<u>Hamburger</u> Seasoned Diced Potatoes Confetti Corn Whole Grain Hamburger Bun Pineapple Juice 1% Milk	<u>Seasoned Chicken thigh</u> White Rice Dilled Carrots Whole Grain Bread Blended Juice 1% Milk	<u>Bean & Ham Casserole</u> Succotash Italian Beans Whole Grain Bread Flavored Applesauce 1% Milk Birthday Celebration	<u>Egg Salad</u> Macaroni Salad Carrot Salad w/Raisins Whole Grain Hamburger Bun Mandarin Oranges 1% Milk	<u>Meatloaf w/Brown Gravy</u> Cabbage Mashed Potatoes Whole Grain Bread Fresh Fruit 1% Milk
AUGUST 8	AUGUST 9	AUGUST 10	AUGUST 11	AUGUST 12
<u>Chicken Paella</u> Green Beans Almondine Harvest Beets Whole Wheat Dinner Roll 1 Cookie 1% Milk	<u>Beef & Macaroni Casserole</u> Seasoned Spinach Mushroom, Pepper & Onions Whole Grain Bread w/Butter Cup Cookie Flavored Applesauce 1% Milk	<u>Chicken Salad</u> Coleslaw Three Bean Salad Whole Grain Hamburger Bun Blended Juice 1% Milk	<u>Hotdog w/Chili Topping</u> Seasoned Diced Potatoes Yellow Corn Whole Grain Hotdog Bun Graham Crackers 1% Milk	<u>Beef Teriyaki</u> Broccoli Gingered Rice Whole Grain Bread Fresh Fruit 1% Milk
AUGUST 15	AUGUST 16	AUGUST 17	AUGUST 18	AUGUST 19
<u>Lemon Pepper Chicken Thigh</u> Mashed Potatoes Country Vegetable Medley Whole Grain Bread Pineapple Juice 1% Milk	<u>Meatballs w/Marinara</u> Rotini w/Marinara Mushroom, Peppers & Onion Garlic Roll Flavored Applesauce 1% Milk	<u>Tuna Pasta Salad</u> Potato Salad Beet & Onion Salad Wheat Crackers Pineapple Juice 1% Milk	<u>Breakfast Casserole</u> Cheese Grits Zesty Green Beans Whole Grain Bread 100% Orange Juice 1% Milk	<u>Beef Stroganoff Casserole</u> Seasoned Spinach Cauliflower w/Red Pepper Whole Grain Bread Fresh Fruit 1% Milk
AUGUST 22	AUGUST 23	AUGUST 24	AUGUST 25	AUGUST 26
<u>Hamburger w/American Cheese Slice</u> Seasoned Diced Potatoes Country Vegetables Medley Graham Crackers 1% Milk	<u>Italian Chicken Pasta Salad</u> Beet & Onion Salad Corn & Tomato Salad Whole Grain Bread Blended Juice 1% Milk	<u>Smoked Sausage</u> Cheesy Mashed Potatoes Cabbage Yellow Mustard Flavored Applesauce Whole Grain Bread 1% Milk	<u>Meatballs w/Sweet & Sour Sauce</u> Gingered Brown Rice Peas & Carrots Whole Grain Bread Orange Juice 1% Milk	<u>Beef Patty w/Mushroom Gravy</u> Cornbread Stuffing Seasoned Garlic Mashed Potatoes Whole Grain Bread Fresh Fruit 1% Milk
AUGUST 29	AUGUST 30	AUGUST 31	AUGUST 30	
<u>Beef w/Marsala Sauce</u> Peas & Carrots Yellow Rice w/Vegetables Whole Grain Bread Cookie % Milk	<u>Lasagna Casserole</u> Cauliflower w/Red Peppers Italian Beans Garlic Roll Blended Juice 1% Milk	<u>Chicken Thigh w/BBQ Sauce</u> White Rice Carrot Coins Whole Grain Bread Cookie 1% Milk	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h2 style="color: orange;">AUGUST 2022</h2>  <p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p> </div> <div style="text-align: center;">  <p>A NON-PROFIT SERVING VOLUSIA SENIORS VISIT OUR WEBSITE AT WWW.COAVOLUSIA.ORG</p> </div> </div>	