<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEPTEMBER 1</td>
<td>SEPTEMBER 2</td>
<td>SEPTEMBER 3</td>
<td>SEPTEMBER 4</td>
<td></td>
</tr>
<tr>
<td>Breakfast Sausage Casserole</td>
<td>Chef Salad w/ Ranch Dressing</td>
<td>Sliced Cuban Pork w/ Sofrito</td>
<td>Baked Chicken Thigh</td>
<td></td>
</tr>
<tr>
<td>Diced Sweet Potatoes</td>
<td>(Sliced Turkey &amp; Cheese)</td>
<td>Black Beans</td>
<td>Mixed Vegetables</td>
<td></td>
</tr>
<tr>
<td>Green Peas</td>
<td>Whole Grain Bread w/ Margarine Cup</td>
<td>Green Beans</td>
<td>Garlic Mashed Potatoes</td>
<td></td>
</tr>
<tr>
<td>Whole Wheat Bread w/ Margarine Cup</td>
<td>Cinnamon Apples</td>
<td>Whole Wheat Bread w/ Margarine Cup</td>
<td>Whole Grain Bread w/ Margarine Cup</td>
<td></td>
</tr>
<tr>
<td>Pineapple</td>
<td>1% Low Fat Milk</td>
<td>Cinnamon Apples</td>
<td>Fresh Fruit</td>
<td></td>
</tr>
<tr>
<td>1% Low Fat Milk</td>
<td>1% Low Fat Milk</td>
<td>1% Low Fat Milk</td>
<td>1% Low Fat Milk</td>
<td></td>
</tr>
</tbody>
</table>

**SEPTEMBER 7**

- Chicken Salad
- Broccoli Salad
- Cucumber & Tomato Salad
- Whole Wheat Bread
- Graham Crackers
- Orange Juice
- 1% Low Fat Milk

**SEPTEMBER 8**

- Meatloaf w/ Apple Brown Gravy
- Spinach
- Diced Potatoes
- Whole Grain Bread w/ Margarine Cup
- Mixed Fruit
- 1% Low Fat Milk

**SEPTEMBER 9**

- Chicken Caesar Salad w/ Caesar Dressing
- Carrot Raisin Salad
- Whole Grain Bread w/ Margarine Cup
- Orange Pineapple Juice
- 1% Low Fat Milk

**SEPTEMBER 10**

- Cheeseburger
- (Hamburger Patty, Cheese Slice, Whole Grain Bun)
- Potato Wedges
- Mushrooms
- Ketchup/ Mustard
- Fresh Fruit
- 1% Low Fat Milk

**SEPTEMBER 11**

- Smoked Sausage Meal
- Cabbage & Carrots
- Hot German Potato Salad
- Whole Grain Hot Dog Bun
- Mustard
- Applesauce
- 1% Low Fat Milk

**SEPTEMBER 12**

- Seasoned Grilled Chicken Breast w/ Country Pepper Gravy
- Yellow Rice w/ Mixed Vegetables
- Green Beans
- Whole Grain Bread w/ Margarine Cup
- Blended Juice
- 1% Low Fat Milk

**SEPTEMBER 13**

- Cheese Omelet
- Spinach
- Cheese Grits
- Whole Grain Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 14**

- Italian Chicken Pasta Salad w/ Italian Dressing
- Spring Mix Salad
- Beet & Onion Salad
- Whole Grain Bread & Margarine Cup
- Mandarin Oranges
- 1% Low Fat Milk

**SEPTEMBER 15**

- Baked Lemon Pepper Chicken
- Winter Mix Vegetables
- White Rice
- Whole Wheat Bread w/ Margarine cup
- Fresh Fruit
- 1% Low Fat Milk

**SEPTEMBER 16**

- Roast Pork Loin w/ Mojito Sauce
- Green Peas
- California Vegetable Blend
- Whole Wheat Bread w/ Margarine Cup
- Mandarin Oranges
- 1% Low Fat Milk

**SEPTEMBER 17**

- Pasta and Meat Sauce
- Mixed Vegetable
- Carrots
- Whole Grain Bread w/ Margarine Cup
- Applesauce
- 1% Low Fat Milk

**SEPTEMBER 18**

- Beef Riblet w/ Apple Brown Gravy
- Squash Medley
- Mashed Potatoes
- Whole Grain Bread w/ Margarine Cup
- Orange Pineapple Juice
- 1% Low Fat Milk

**SEPTEMBER 19**

- Chicken Breast w/ Florentine Sauce
- Spinach
- Brown Rice
- Whole Wheat Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 20**

- Baked Chicken Thigh
- Mixed Vegetables
- Garlic Mashed Potatoes
- Whole Grain Bread w/ Margarine Cup
- Fresh Fruit
- 1% Low Fat Milk

**SEPTEMBER 21**

- Breakfast Sausage Casserole
- Diced Sweet Potatoes
- Green Peas
- Whole Wheat Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 22**

- Chef Salad w/ Ranch Dressing
- (Sliced Turkey & Cheese)
- Whole Grain Bread w/ Margarine Cup
- Graham Crackers
- Blended Juice
- 1% Low Fat Milk

**SEPTEMBER 23**

- Chicken Breast w/ Florentine Sauce
- Spinach
- Brown Rice
- Whole Wheat Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 24**

- Chili-Cheese Hot Dog
- Whole Grain Hot Dog Bun, Three Bean Chili topped w/ Shredded Cheese
- Mushrooms, Peppers, & Onions
- Chopped Onion, Ketchup, & Mustard
- Fresh Fruit
- 1% Low Fat Milk

**SEPTEMBER 25**

- BBQ Chicken Quarter w/ BBQ Sauce
- Zucchini
- Spinach
- Whole Grain Bread w/ Margarine Cup
- Applesauce
- 1% Low Fat Milk

**SEPTEMBER 26**

- Breakfast Sausage Casserole
- Diced Sweet Potatoes
- Green Peas
- Whole Wheat Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 27**

- Chef Salad w/ Ranch Dressing
- (Sliced Turkey & Cheese)
- Whole Grain Bread w/ Margarine Cup
- Graham Crackers
- Blended Juice
- 1% Low Fat Milk

**SEPTEMBER 28**

- Chicken Breast w/ Florentine Sauce
- Spinach
- Brown Rice
- Whole Wheat Bread w/ Margarine Cup
- Pineapple
- 1% Low Fat Milk

**SEPTEMBER 29**

- Chili-Cheese Hot Dog
- Whole Grain Hot Dog Bun, Three Bean Chili topped w/ Shredded Cheese
- Mushrooms, Peppers, & Onions
- Chopped Onion, Ketchup, & Mustard
- Fresh Fruit
- 1% Low Fat Milk

**SEPTEMBER 30**

- MENU IS SUBJECT TO CHANGE WITHOUT NOTICE