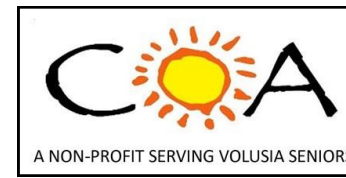


COA New Smyrna Beach Neighborhood Dining Site and Senior Activities Center

Patricia Sanford - Coordinator **Open 9-4 and 9-3:45 for Activities**

1050 Live Oak St., New Smyrna Beach, FL 32168 ~ Phone: 386.410.5839 ~ www.coavolusia.org



SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>Labor Day We are closed today for the Holiday.</p>	<p>3</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 12:15 Dominos 12:15 Euchre 12:30 Chronic Pain Management Sponsored by ElderSource</p>	<p>4</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 11:15 ACA Music Cafe 12:15 Poker/Ladies Games 12:15 Mahjong / Hand & Foot 12:30 Fun Writing</p>	<p>5</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 1:00 BIG BINGO</p> <div style="background-color: yellow; border: 1px solid black; padding: 5px; text-align: center;"> <p>THE NSB SENIOR CENTER IS CLOSED SEPT. 5 AND 6 AND WILL REOPEN MONDAY, SEPT. 9. WE APOLOGIZE FOR THE INCONVENIENCE.</p> </div>	<p>CHI & MOVEMENT and Conversation BINGO Club / Pacardy</p>
<p>9</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Bridge Club 1:00 Conversational Spanish</p>	<p>10</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 12:15 Dominos 12:15 Euchre 12:30 Chronic Pain Management</p>	<p>11</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Poker/Ladies Games 12:15 Mahjong / Hand & Foot</p>	<p>12</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 1:00 BIG BINGO <i>10:00—Humana Presentation: Technology 101 ** see 9/26 **</i></p> 	<p>13</p> <p>9:00 ACA TAI CHI & MOVEMENT 9:30 Coffee and Conversation 10:15 A.M. BINGO 12:15 Bridge Club / Pacardy</p>
<p>16</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Bridge Club 1:00 Conversational Spanish</p>	<p>17</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation <i>10:00 UnitedHealthcare—Medicare 101</i> 12:15 Dominos 12:15 Euchre 12:30 Chronic Pain Management Sponsored by ElderSource</p>	<p>18</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 11:15 ACA Music Cafe 12:15 Poker/Ladies Games 12:15 Mahjong / Hand & Foot 12:30 Fun Writing</p>	<p>19</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 1:00 BIG BINGO</p> 	<p>20</p> <p>9:00 ACA TAI CHI & MOVEMENT 9:30 Coffee and Conversation 10:15 A.M. BINGO 12:15 Bridge Club / Pacardy 12:15 Poker</p>
<p>23</p> <p>8:30 <u>Victory Cruise</u> 9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Bridge Club 1:00 Conversational Spanish</p> 	<p>24</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation <i>10:00 Cigna—Mental Health Presentation</i> 12:15 Dominos 12:15 Euchre 12:30 Chronic Pain Management Sponsored by ElderSource</p>	<p>25</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Poker/Ladies Games 12:15 Mahjong / Hand & Foot 12:30 Fun Writing</p>	<p>26</p> <p>9:00 Senior Exercise 9:30 Coffee & Conversation 1:00 BIG BINGO <i>10:00 Humana Presentation: Technology 101 ** moved from 9/26 **</i></p>	<p>27</p> <p>9:00 ACA TAI CHI & MOVEMENT 9:30 Coffee and Conversation 10:15 A.M. BINGO 12:15 Bridge Club / Pacardy 12:15 Poker</p>
<p>30</p> <p>8:45 UF Nutrition Presentation 9:00 Senior Exercise 9:30 Coffee & Conversation 10:15 A.M. BINGO 12:15 Bridge Club 1:00 Conversational Spanish</p>				<p>Dining rooms are CLOSED to all activities from 11:15 to 12:15 for set-up, lunch, & clean up. “Quiet Please” in the dining area to allow our diners to enjoy their lunch.</p>